

# *Cobourg Cycling Club*

Established 1972

## **CYCLO-CROSS CLINIC**

- WHAT?** A clinic to show & teach the fine art of cyclo-cross. Everything from bike set up, dismounts, bike carrying and running the barricades
- WHEN?** Saturday Sept 22<sup>nd</sup> at 10.00 am
- WHERE?** At the Lucas Point Park – Meet at the Gravel parking lot on Willmott Street.
- WHO?** All Club members welcome – come and have some fun. If you have a cross bike or a mountain bike and a good helmet and wish to learn some more bike handling skills, come on out.
- WHY?** It's quite simple actually.

**CROSS IS BOSS.**

**Put on by Peter Hennessy –  
Of course Rain or Shine – it is cross**